

## AFTER VISIT SUMMARY - PATIENT

**Robert Richard** MRN: 801473143 Date of birth: 12/11/1954 CSN: 12099412926

📍 University Campus 📅 6/9/2019 - 6/16/2019 🏥 ST elevation myocardial infarction involving left anterior descending (LAD) coronary artery (CMS/HCC) 📍 UMass Memorial Medical Center- University Campus 3 Lakeside Stepdown Unit



### Patient Instructions

#### Contact Information:

UMass Memorial 508-334-1000 Marlborough: 508-481-5000  
Medical Center:  
Health Alliance 978-466-2000 Clinton: 978-368-3000  
Burbank and  
Leominster:



### Your medications have changed

➔ **START** taking:  
apixaban

aspirin

Start taking on: 6/17/2019

atorvastatin (LIPITOR)

BD ULTRA-FINE NANO PEN NEEDLE

clopidogrel (PLAVIX)

Start taking on: 6/17/2019

insulin glargine (LANTUS - 100 units/mL)

insulin glargine (LANTUS SOLOSTAR)

insulin lispro (HumaLOG KwikPen Insulin)

lisinopril (PRINIVIL, ZESTRIL)

Start taking on: 6/17/2019

metoprolol tartrate (LOPRESSOR)

nitroglycerin (NITROSTAT)

ONETOUCH DELICA LANCETS

ONETOUCH VERIO SYSTEM

OneTouch Verio Test Strips

spironolactone (ALDACTONE)

Start taking on: 6/17/2019

Review your updated medication list below.



### Your Next Steps.

#### 👉 Do

- ☐ Pick up 14 medications/supplies from UMMC University Prescription Center

#### 📖 Read

- ☐ Read these attachments
- Heart Attack Discharge Instructions (English)
  - Heart Failure With Reduced Ejection Fraction (English)
  - Medicines After a Heart Attack (English)
  - Diabetic Meal Planning (English)
  - Diabetes Type 2 Discharge Instructions (English)

### myChart Sign-Up

Send messages to your doctor, view your test results, renew your prescriptions, schedule appointments, and more.

Go to <https://mychartonline.umassmemorial.org/MyChart/>, click "Sign Up Now", and enter your personal activation code: B87SV-RP3VG-BNTKN. Activation code expires 6/30/2019.

## Patient Instructions (continued)

### Designated Caregiver

Name	Relationship to Patient	Contact Number	Caregiver
Raymon Richard	Brother	978-895-5145	Appointed

### What's next

#### Follow up with Encompass Health Home Health-Westport

Nursing for homecare.

Encompass Health Home Health - Westport

Address 829 Main Road  
SUITE 610  
WESTPORT, MA 02790

Phone (774) 992-7068  
Fax (774) 992-7069

### Your Primary Care Provider

#### PCP

Madhavi Medipally, MD Physician  
14 Manning Avenue Leominster MA 01453

Family Medicine

978-847-0110  
978-847-0112








### Treatment Team

Provider	Role	Specialty	From	To
Matthew E. McGuiness, MD	Attending Provider	Cardiology	06/10/19 0934	—

### You are allergic to the following







No active allergies

### Your Latest Vitals

 Blood Pressure 103/69	 Weight 167 lb 9.6 oz	 Height 5' 5.98"	 Temperature (Oral) 98.4 °F (36.9 °C)
 Pulse 100	 Respiration 19	 Oxygen Saturation 98%	













# Medication List

START taking these medications

	Morning	Afternoon	Evening	Bedtime	As Needed
 <b>apixaban</b> 5 mg tablet Take 1 tablet (5 mg total) by mouth every 12 hours. Time Last Given: 6/16/2019 8:28 AM	✓ 6/17		✓ 6/16		
 <b>aspirin</b> 81 mg EC tablet Take 1 tablet (81 mg total) by mouth daily. Time Last Given: 6/16/2019 8:28 AM Start taking on: 6/17/2019	✓ 6/17				
 <b>atorvastatin</b> 80 mg tablet Commonly known as: LIPITOR Take 1 tablet (80 mg total) by mouth nightly. Time Last Given: 6/15/2019 8:16 PM			✓ 6/16		
 <b>BD ULTRA-FINE NANO PEN NEEDLE</b> 4 mm x 32 g Use 4 times daily. Generic drug: pen needle					
 <b>clopidogrel</b> 75 mg tablet Commonly known as: PLAVIX Take 1 tablet (75 mg total) by mouth daily. Time Last Given: 6/16/2019 8:28 AM Start taking on: 6/17/2019	✓ 6/17				
 <b>* insulin glargine</b> 100 units/mL solution injection Commonly known as: LANTUS - 100 units/mL Inject under the skin. Time Last Given: Ask your nurse or doctor				✓ 6/16	

# Medication List (continued)





START taking these medications (continued)


 <b>START</b>	<p><b>* insulin glargine</b> 100 unit/mL          (3 mL) insulin pen          Commonly known as: <b>LANTUS</b>  <b>SOLOSTAR</b>          Inject 12 units nightly as directed.          Time Last Given: Ask your nurse or doctor</p>				 6/16	
 <b>START</b>	<p><b>insulin lispro</b> 100 unit/mL          insulin pen          Commonly known as: <b>HumaLOG</b>  <b>KwikPen Insulin</b>          Use to inject 6 units          subcutaneously with each meal,          and as directed. Max daily dose of          40 units          Time Last Given: Ask your nurse or doctor</p>	 6/17	 6/17	 6/16		
 <b>START</b>	<p><b>lisinopril</b> 5 mg tablet          Commonly known as:  <b>PRINIVIL, ZESTRIL</b>          Take 1 tablet (5 mg total) by          mouth daily.          Time Last Given: 6/16/2019 8:29          AM          Start taking on: <b>6/17/2019</b></p>	 6/17				
 <b>START</b>	<p><b>metoprolol tartrate</b> 25 mg          tablet          Commonly known as: <b>LOPRESSOR</b>          Take 1 tablet (25 mg total) by          mouth every 12 hours.          Time Last Given: 6/16/2019 8:28          AM</p>	 6/17		 6/16		
 <b>START</b>	<p><b>nitroglycerin</b> 0.4 mg SL tablet          Commonly known as: <b>NITROSTAT</b>          Place 1 tablet (0.4 mg total) under          the tongue every 5 minutes as          needed for chest pain. If no relief          after 3 doses, call 911.</p>					
 <b>START</b>	<p><b>ONETOUGH DELICA</b>  <b>LANCETS</b> lancet 33 gauge          use to test four times daily.          Generic drug: blood glucose          diagnostic</p>					



## Medication List (continued)

START taking these medications (continued)

 <b>START</b>	<b>ONETOUCH VERIO SYSTEM</b> misc use as directed Generic drug: blood-glucose meter					
 <b>START</b>	<b>OneTouch Verio Test Strips</b> test strip Check blood sugar four times a day or as directed. Generic drug: blood glucose diagnostic					
 <b>START</b>	<b>spironolactone 25 mg tablet</b> Commonly known as: <b>ALDACTONE</b> Take 1 tablet (25 mg total) by mouth daily. Time Last Given: 6/16/2019 8:28 AM Start taking on: 6/17/2019	 6/17				

 \* This list has 2 medication(s) that are the same as other medications prescribed for you. Read the directions carefully, and ask your doctor or other care provider to review them with you.

## Where to pick up your medications



### Pick these up at UMMMC University Prescription Center

apixaban • aspirin • atorvastatin • BD ULTRA-FINE NANO PEN NEEDLE • clopidogrel • insulin glargine • insulin lispro • lisinopril • metoprolol tartrate • nitroglycerin • ONETOUCH DELICA LANCETS • ONETOUCH VERIO SYSTEM • OneTouch Verio Test Strips • spironolactone

Address: 55 LAKE AVE NORTH, WORCESTER MA 01655

Hours: 7AM-7PM MON-FRI, 9AM-5PM SAT-SUN

Phone: 508-421-1900

## Patient Lines/Drains/Airways Status

**Active At discharge you had these Lines, Drains, or Airways:**

None

## Health Care Agents

There are no Health Care Agents on file.

## Advance Care Plan Screening

When Documented	Have you reviewed your Advance Directive and is it valid for this stay?	Advance Directive	User
06/09/19 0245	Yes	Patient does not have advance directive	AB

## UMass Memorial Health Care Contacts

### Contact Information:

UMass Memorial Medical Center:	508-334-1000	Marlborough:	508-481-5000
Health Alliance Burbank and Leominster:	978-466-2000	Clinton:	978-368-3000

I, Robert Richard, on 06/16/19, received patient instructions and the after visit summary was reviewed with me. I have read or had the instructions reviewed with me and understand the instructions given to me by my caregivers.

## Information on Heart Failure

### Patient Education

PROVIDED BY LEXICOMP

#### Heart Failure Discharge Instructions, Adult

##### About this topic

Heart failure happens when your heart has trouble pumping the right amount of blood through the body. When the pump is not working well, blood can back up into the lungs. It can also cause swelling in the legs or other parts of the body.

Heart failure is a long-term problem. Doctors work hard to treat heart failure in order to keep it from getting worse over time.