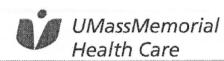
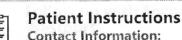
AFTER VISIT SUMMARY - PATIENT



Robert Richard MRN: 801473143 Date of birth: 12/11/1954 CSN: 12099412926

♥ University Campus 🗖 6/9/2019 - 6/16/2019 🗗 ST elevation myocardial infarction involving left anterior descending (LAD) coronary artery (CMS/HCC) ♥ UMass Memorial Medical Center- University Campus 3 Lakeside Stepdown Unit



UMass Memorial

508-334-1000 Marlborough: 508-481-5000

Medical Center:

Burbank and

Leominster:

Health Alliance 97

978-466-2000 Clinton:

978-368-3000



Your medications have changed

START taking:

aspirin

Start taking on: 6/17/2019

atorvastatin (LIPITOR)

BD ULTRA-FINE NANO PEN NEEDLE

clopidogrel (PLAVIX)

Start taking on: 6/17/2019

insulin glargine (LANTUS - 100 units/mL)

insulin glargine (LANTUS SOLOSTAR)

insulin lispro (HumaLOG KwikPen Insulin)

lisinopril (PRINIVIL,ZESTRIL)

Start taking on: 6/17/2019

metoprolol tartrate (LOPRESSOR)

nitroglycerin (NITROSTAT)

ONETOUCH DELICA LANCETS

ONETOUCH VERIO SYSTEM

OneTouch Verio Test Strips

spironolactone (ALDACTONE)
Start taking on: 6/17/2019

Review your updated medication list below.

Your Next Steps.

DO Do

☐ Pick up 14 medications/supplies from UMMMC University Prescription Center

■ Read

☐ Read these attachments

- Heart Attack Discharge Instructions (English)
- Heart Failure With Reduced Ejection Fraction (English)
- Medicines After a Heart Attack (English)
- Diabetic Meal Planning (English)
- Diabetes Type 2 Discharge Instructions (English)

myChart Sign-Up

Send messages to your doctor, view your test results, renew your prescriptions, schedule appointments, and more.

Go to https:// mychartonline.umassmemorial.org/ MyChart/, click "Sign Up Now", and enter your personal activation code: B87SV-RP3VG-BNTKN. Activation code expires 6/30/2019.

Patient Instructions (continued)

Designated Caregiver

Relationship to

Patient

Contact Number

Caregiver

Raymon Richard

Brother

978-895-5145

Appointed

What's next

Name

Follow up with Encompass Health Home Health-Westport

Nursing for homecare.

Encompass Health Home Health -Westport

Address 829 Main Road SUITE 610 WESTPORT, MA 02790

Phone (774) 992-7068 Fax (774) 992-7069

Your Primary Care Provider

PCP

Madhavi Medipally, MD

Physician 14 Manning Avenue Leominster MA 01453

Family Medicine

978-847-0110 978-847-0112

™ Treatment Team

Provider

Specialty

From

To

Matthew E. McGuiness, MD Attending Provider

Cardiology

06/10/19 0934

You are allergic to the following

No active allergies

Your Latest Vitals



Blood Pressure 103/69



Weight 167 lb 9.6 oz



Temperature (Oral)

98.4 °F (36.9 °C)

100



Respiration



Oxygen Saturation

98%

Medication List

START taking these medications

		Morning	Afternoon	Evening	Bedtime	As Needed
0	apixaban 5 mg tablet Take 1 tablet (5 mg total) by	1		/		
START	mouth every 12 hours. Time Last Given: 6/16/2019 8:28 AM	6/17		6/16		
START	aspirin 81 mg EC tablet Take 1 tablet (81 mg total) by mouth daily. Time Last Given: 6/16/2019 8:28 AM Start taking on: 6/17/2019	6/17				
START	atorvastatin 80 mg tablet Commonly known as: LIPITOR Take 1 tablet (80 mg total) by mouth nightly. Time Last Given: 6/15/2019 8:16 PM		5	6/16		
START	BD ULTRA-FINE NANO PEN NEEDLE 4 mm x 32 g Use 4 times daily. Generic drug: pen needle				AND	
START	clopidogrel 75 mg tablet Commonly known as: PLAVIX Take 1 tablet (75 mg total) by mouth daily. Time Last Given: 6/16/2019 8:28 AM Start taking on: 6/17/2019	6/17				
START	* insulin glargine 100 units/mL solution injection Commonly known as: LANTUS - 100 units/mL Inject under the skin. Time Last Given: Ask your nurse or doctor				6/16	

Medication List (continued)

START taking these medications (continued)

5 17 (1)	taking these medications (co	Jirdiraca)	8	E		1
START	* insulin glargine 100 unit/mL (3 mL) insulin pen Commonly known ac: LANTUS SOLOSTAR Inject 12 units nightly as directed. Time bast Given: Ask your nurse or doctor				6/16	
START	insulin lispro 100 unit/mL insulin pen Commonly known as: HumaLOG KwikPen Insulin Use to inject 6 units subcutaneously with each meal, and as directed. Max daily dose of 40 units Time Last Given: Ask your nurse or doctor	6/17	6/17	6/16	N	
START	lisinopril 5 mg tablet Commonly known as: PRINIVIL,ZESTRIL Take 1 tablet (5 mg total) by mouth daily. Time Last Given: 6/16/2019 8:29 AM Start taking on: 6/17/2019	6/17				
START	metoprolol tartrate 25 mg tablet Commonly known as: LOPRESSOR Take 1 tablet (25 mg total) by mouth every 12 hours. Time Last Given: 6/16/2019 8:28 AM	6/17		6/16		
START	nitroglycerin 0.4 mg SL tablet Commonly known as: NITROSTAT- Place 1 tablet (0.4 mg total) under the tongue every 5 minutes as needed for chest pain. If no relief after 3 doses, call 911.					1
START	ONETOUCH DELICA LANCETS lancet 33 gauge use to test four times daily. Generic drug: blood glucose diagnostic					

Medication List (continued)

START taking these medications (continued)

START	ONETOUCH VERIO SYSTEM misc use as directed Generic drug: blood-glucose meter			ve Thave advance	
START	OneTouch Verio Test Strips test strip Check blood sugar four times a day or as directed. Generic drug: blood glucose diagnostic			08-481-5000	
START	spironolactone 25 mg tablet Commonly known as: ALDACTONE Take 1 tablet (25 mg total) by mouth daily. Time Last Given: 6/16/2019 8:28 AM Start taking on: 6/17/2019	6/17			

* This list has 2 medication(s) that are the same as other medications prescribed for you. Read the directions carefully, and ask your doctor or other care provider to review them with you.

Where to pick up your medications



Pick these up at UMMMC University Prescription Center

apixaban • aspirin • atorvastatin • BD ULTRA-FINE NANO PEN NEEDLE • clopidogrel • insulin glargine • insulin lispro · lisinopril · metoprolol tartrate · nitroglycerin · ONETOUCH DELICA LANCETS · ONETOUCH VERIO SYSTEM • OneTouch Verio Test Strips • spironolactone

Address:

55 LAKE AVE NORTH, WORCESTER MA 01655

Hours:

7AM-7PM MON-FRI, 9AM-5PM SAT-SUN

Phone:

508-421-1900

Patient Lines/Drains/Airways Status

Active At discharge you had these Lines, Drains, or Airways:

None

Health Care Agents

There are no Health Care Agents on file.

Advance Care Plan Screening

When Documented

Have you reviewed your Advance

Directive and is it valid for this stay? Advance Directive

User

06/09/19 0245

Yes

Patient does not have advance directive

AB

UMass Memorial Health Care Contacts

Contact Information:

UMass Memorial Medical Center:

508-334-1000

Marlborough:

508-481-5000

Health Alliance Burbank and Leominster:

978-466-2000

Clinton:

978-368-3000

I, Robert Richard, on 06/16/19, received patient instructions and the after visit summary was reviewed with me. I have read or had the instructions reviewed with me and understand the instructions given to me by my caregivers.

Information on Heart Failure

Patient Education

Heart Failure Discharge Instructions, Adult

About this topic

Heart failure happens when your heart has trouble pumping the right amount of blood through the body. When the pump is not working well, blood can back up into the lungs. It can also cause swelling in the legs or other parts of the body.

Heart failure is a long-term problem. Doctors work hard to treat heart failure in order to keep it from getting worse over time.